



The Exchange

To Everything a Season - 10 October 2015

1. If your house burned down today what would you be most upset at losing?
2. Aside from possessions, career, family, social status, what are we? How does God see us and does that make a difference to the way we live?
3. What defines you? Fill in the blank: My name is ____ . I am a/an ____.
4. Which best describes your philosophy:
 - YOLO (you only live once)
 - Gotta look out for #1
 - Do unto others as you would have them do unto you
 - Eat, drink and be merry ...
 - You reap what you sow
 - other?
4. Do you think Solomon was depressed or a realist?
5. What “seasons” have you experienced in your life? What “season” do you think you are in right now?
6. It’s tempting to think that we would be happier if we were in better circumstances (richer, healthier, wiser, etc.) Solomon suggests that each moment is a gift from God. What can you be thankful for today?
7. Philippians 4:4-7 says, “Rejoice in the Lord always; again I will say, rejoice. Let your reasonableness be known to everyone. The Lord is at hand; do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.” Do you find this easy to do? Have you ever experienced this kind of peace? How can we live in a state of gratefulness?

Please share some prayer requests & pray together to close.

NOTES: